Hanukkah 2026 shopping list

Hanukkah 2026 begins at sundown on Friday, December 4, 2026, and ends at nightfall on Saturday, December 12, 2026. Tick each item as it goes in the basket, and write down the kosher mark you saw on the pack, so the whole family knows which foods are dairy, meat or pareve.

Latkes

	Kosher mark seen
☐ Potatoes	
☐ Onions	
☐ Eggs	
☐ Flour or matzo meal	
☐ Oil for frying	
☐ Salt and pepper	
☐ Applesauce	
☐ Sour cream	
☐	
☐	

Sufganiyot (doughnuts)

	Kosher mark seen
☐ Flour	
☐ Yeast	
☐ Sugar	
☐ Eggs	
☐ Butter or margarine	
☐ Milk, or a pareve milk	
☐ Jam or jelly	
☐ Powdered sugar	
☐	
☐	

Dairy meal

	Kosher mark seen
☐ Cheese	
☐ Butter	
☐ Sour cream or yogurt	
☐ Milk or cream	
☐ Egg noodles for kugel	
☐ Salmon or other fish	
☐	

Meat meal

	Kosher mark seen
☐ Brisket or chicken	
☐ Broth or stock	
☐ Onions and carrots	
☐ Wine or grape juice	
☐ Pareve margarine or oil	
☐ Rice or potatoes	
☐	

Candles and extras

	Kosher mark seen
☐ Hanukkah candles	
☐ Chocolate gelt	
☐ Dreidels	
☐	

Reading a kosher label

Certifier's symbol
A registered symbol tells you who certified the food. A plain letter K on its own does not name a certifier.

D or Dairy
Contains dairy, or was made on dairy equipment.

DE
Dairy equipment: no dairy ingredients, but made on equipment also used for dairy.

M, Meat or Glatt
Contains meat, or was made on meat equipment.

Pareve or Parve
No meat and no dairy. Can still contain eggs or fish.

P
Kosher for Passover. P does not mean pareve.

Letters differ between certifiers, so check the certifier's own key, and ask your rabbi if you are unsure.

⚠ A kosher mark is not an allergy label. Pareve and DE foods can still carry traces of milk. For a milk allergy, read the Contains line.

- PlatePal never certifies food. Without a recognized kosher mark on the pack, the most its kosher check will say is Likely OK, needs certification.

In the aisle, PlatePal scans a barcode for kosher and your family's allergens. Only a certifier's mark makes food certified kosher.

Scan the code with your phone camera, or visit tryplatepal.com

PlatePal printable. A screening guide, not a religious ruling: certifiers and scholars differ. Always read the label. Free to print and copy for personal and community use.