Two tent cards per page. Cut along the dashed line, fold on the dotted line, and stand one by each dish. The cook circles every allergen the dish contains.

Allergens are listed on the other side. Questions? Ask the cook.

Dish _____

Thanksgiving 2026

fold fold

Dish _____

Made by _____

⚠ Circle every allergen this dish contains:

Milk **Eggs** **Fish** **Shellfish** **Tree nuts** **Peanuts** **Wheat** **Soy** **Sesame**

Also contains (other allergens, meat, pork, alcohol, gelatin): _____

⚠ Not circled does not mean not in it. Ask me.

Allergens are listed on the other side. Questions? Ask the cook.

Dish _____

Thanksgiving 2026

fold fold

Dish _____

Made by _____

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Shopping for the meal? PlatePal scans a barcode and flags your guests' allergens in seconds. Free.

Scan the code with your phone camera, or visit tryplatepal.com

PlatePal printable. Information, not medical advice. Follow your allergist or doctor. Recipes change: always read the label. Free to print and copy for personal and classroom use.